

**University of Hawaii Maui College**  
**HSER 140 - Introduction to Counseling & Interviewing**

1. **Course Alpha.** Please click on the ? to the right for help.

HSER

2. **Course Number.** Please click on the ? to the right for help.

140

3. **Course Title/Catalog Title.** Please click on the ? to the right for help.

Introduction to Counseling & Interviewing

4. **Number of Credits.** Please click on the ? to the right for help.

3

5. **Contact Hours/Type.** Please click on the ? to the right for help.

- Hour lecture (3)

6. **Course Description.** Please click on the ? to the right for help.

Offers a basic introduction to counseling theory and practice for those interested in working in helping professions. Provides opportunities to practice skills through role-playing.

7. **Pre-Requisites.** Please click on the ? to the right for help.

ENG 22 Introduction to Composition (with grade C or better or placement at ENG 100); OR consent

8. **Co-requisites.**

None

9. **Recommended Preparation.**

HSER 110 OR HSER/CHW 101

10. **Is this a cross-listed course?** Please click on the ? to the right for help.

NO

11. **Reason for Proposal.** Why is this course being proposed or modified? This question requires specific information as part of the explanation. Please click on the ? to the right for help.

Title simplified, changed course description, SLOs, and competencies.

**12. Effective Semester and Year.** For new or modified courses, the effective year is one year from the semester proposed. For example, if proposed in Spring 2012, the effective semester is Spring 2013. Please click on the ? to the right for help.

Spring 2016

**13. Grading Method.** What grading methods may be used for this course? Please click on the ? to the right for help.

- Standard (Letter,Cr/NCr,Audit) (0)

**14. Is this course repeatable for credit?** How often can this course be counted toward a degree or certificate? Please click on the ? to the right for help.

NO

**15. Course Student Learning Outcomes (SLOs).** DO NOT ENTER TEXT IN THE TEXT BOX BELOW. Click on the yellow button "COURSE LEARNING OUTCOMES" and enter in that screen. Please click on the ? to the right for help.

Course SLO/Competency	Compare and contrast the Person-In-Environment and Strengths Perspective to problem oriented perspectives in counseling.	Describe, demonstrate and evaluate basic attitudes, skills and knowledge in interviewing and counseling.	Identify and demonstrate attitudes and skills that contribute to cultural sensitivity in interviewing and counseling.	Identify personal and ethical assumptions, barriers and competencies related to the provision of effective interviewing and counseling services.	Utilize Person-Centered and brief counseling theories in combination with basic counseling and interviewing microskills.
Apply the strengths-based and Person-In-Environment perspectives to interviewing and counseling.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Identify, demonstrate and evaluate the use of basic micro-skills to engage individuals.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Integrate person-centered and brief motivational concepts and micro skills to facilitate health and other lifestyle related behavior changes.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Course SLO/PSLO	Develop interpersonal skills that build appropriate, collaborative, respectful relationships with fellow	Demonstrate the attitudes, skills and knowledge of best practice strategies across a	Identify vulnerable populations and the social conditions that contribute to their	Develop self-awareness of personal values, interpersonal styles, strengths and challenges that influence the development of

	students, clients and professionals in the community.	variety of populations in diverse human service settings.	vulnerability and consider advocacy strategies to help alleviate those conditions.	professionalism.
Apply the strengths-based and Person-In-Environment perspectives to interviewing and counseling.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Identify, demonstrate and evaluate the use of basic micro-skills to engage individuals.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Integrate person-centered and brief motivational concepts and micro skills to facilitate health and other lifestyle related behavior changes.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

**16. Course Competencies. DO NOT ENTER TEXT IN THE TEXT BOX BELOW. Click on the yellow button "COURSE COMPETENCIES/ISSUES/SKILLS" and enter text in that screen. Course competencies are smaller, simpler tasks that connect to and facilitate the SLOs.**

<b>Competency</b>
Compare and contrast the Person-In-Environment and Strengths Perspective to problem oriented perspectives in counseling.
Describe, demonstrate and evaluate basic attitudes, skills and knowledge in interviewing and counseling.
Identify and demonstrate attitudes and skills that contribute to cultural sensitivity in interviewing and counseling.
Identify personal and ethical assumptions, barriers and competencies related to the provision of effective interviewing and counseling services.
Utilize Person-Centered and brief counseling theories in combination with basic counseling and interviewing microskills.

**17. Recommended Course Content and Timeline. The course content facilitates the course competencies. Course content may be organized by weeks, units, topics or the like.**

<b>Content</b>
4-6 weeks: Foundational Attitudes and Knowledge underlying counseling and interviewing processes – Ecological Systems Model, Strengths Perspective, Person-Centered Counseling, Stages of Change
2-4 weeks: Overview of counseling micro-skills and strategies; guiding the process from beginning through middle to end stages.
5-9 weeks: Practice basic counseling and interviewing attitudes, skills/strategies, and knowledge in role play/real play scenarios.

**18. Program Learning Outcomes. DO NOT ENTER TEXT IN THE TEXT BOX BELOW. Click on the yellow button "PLOs" and enter text in that screen. Program Student Learning Outcomes (PLOs) supported by this course. If you are not a "program" use the Liberal Arts PLOs, view them by clicking on ? icon to the right.**

<b>Program SLO</b>
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Develop interpersonal skills that build appropriate, collaborative, respectful relationships with fellow students, clients and professionals in the community.
Demonstrate the attitudes, skills and knowledge of best practice strategies across a variety of populations in diverse human service settings.
Identify vulnerable populations and the social conditions that contribute to their vulnerability and consider advocacy strategies to help alleviate those conditions.
Develop self-awareness of personal values, interpersonal styles, strengths and challenges that influence the development of professionalism.

**19. College-wide Academic Student Learning Outcomes (CASLOs). FIRST, fill out the CASLO grid located in the UHMC tab above. Click on the HELP icon for tips on determining support for the CASLOs and indicate your choices below by clicking on the box in front of each supported CASLO. NOTE: Our campus does not use the Preparatory Level, Level 1 and Level 2 designations in the chart below.**

<input checked="" type="checkbox"/>	<b>Creativity</b> - Able to express originality through a variety of forms.  <input checked="" type="checkbox"/> Preparatory Level
<input checked="" type="checkbox"/>	<b>Critical Thinking</b> - Apply critical thinking skills to effectively address the challenges and solve problems.  <input checked="" type="checkbox"/> Preparatory Level
<input type="checkbox"/>	<b>Information Retrieval and Technology</b> - Access, evaluate, and utilize information effectively, ethically, and responsibly.
<input checked="" type="checkbox"/>	<b>Oral Communication</b> - Practice ethical and responsible oral communications appropriately to a variety of audiences and purposes.  <input checked="" type="checkbox"/> Preparatory Level
<input type="checkbox"/>	<b>Quantitative Reasoning</b> - Synthesize and articulate information using appropriate mathematical methods to solve problems of quantitative reasoning accurately and appropriately.
<input type="checkbox"/>	<b>Written Communication</b> - Write effectively to convey ideas that meet the needs of specific audiences and purposes.

<b>GenED SLO</b>
Creativity - Able to express originality through a variety of forms.
Critical Thinking - Apply critical thinking skills to effectively address the challenges and solve problems.
Oral Communication - Practice ethical and responsible oral communications appropriately to a variety of audiences and purposes.

**20. Linking. CLICK ON CHAIN LINK ICON IN UPPER RIGHT HAND CORNER TO BEGIN LINKING. Please click on the ? to the right for help.**

**21. Method(s) of delivery appropriate for this course. Please click on the ? to the right for help.**

- Classroom/Lab (0)
- HITS/Interactive TV (0)

HITS/Interactive TV only if supervisory support at outreach sites.

**22. Text and Materials, Reference Materials, and Auxiliary Materials. Please click on the ? to the right for help.**

- Ivey & Ivey. Intentional Interviewing and Counseling: Facilitating Client Development in a Multicultural Society. 8th. Brooks/Cole, 2013.

**23. Maximum enrollment. Please click on the ? to the right for help.**

20. Pedagogy includes observation and feedback of individual student role-play and skill building.

**24. Particular room type requirement. Is this course restricted to particular room type? Please click on the ? to the right for help.**

YES

Movable desks or chairs to support role-playing and skill building. Computer, projector, internet, DVD.

**25. Special scheduling considerations. Are there special scheduling considerations for this course? Please click on the ? to the right for help.**

YES

Evening course to accommodate professionals and working students.

**26. Are special or additional resources needed for this course? Please click on the ? to the right for help.**

No

**27. Does this course require special fees to be paid for by students? Please click on the ? to the right for help.**

NO

**28. Does this course change the number of required credit hours in a degree or certificate? Please click on the ? to the right for help.**

No

**29. Course designation(s) for the Liberal Arts A.A. degree and/or for the college's other associate degrees. Please click on the ? to the right for help.**

<b>Degree</b>	<b>Program</b>	<b>Category</b>
<b>Associate in Arts:</b>	Liberal Arts	LE - Elective
<b>AS:</b>	Human Services - All	PR - Program Requirement
<b>AAS:</b>	N/A	N/A
<b>BAS:</b>	N/A	N/A
<b>Developmental/ Remedial:</b>		

**30. Course designation(s) for other colleges in the UH system.**

HSER 140 - Individual Counseling - Leeward CC

HSER 140 - Individual Counseling - Hawaii CC

SUBS 140 - Individual Substance Abuse Counseling - Hawaii CC

**31. Indicate the year and page # of UHMC catalog referred to. For new or modified courses, please indicate the catalog pages that need to be modified and provide a sheet outlining those changes.**

2014-2015; p. 48-49, 52, 104, 121, 123-124

**32. College-wide Academic Student Learner Outcomes (CASLOs). Please click on the HELP icon for more information.**

<b>Standard 1 - Written Communication</b> Write effectively to convey ideas that meet the needs of specific audiences and purposes.		
<b>Outcome 1.1 - Use writing to discover and articulate ideas.</b>		1
<b>Outcome 1.2 - Identify and analyze the audience and purpose for any intended communication.</b>		1
<b>Outcome 1.3 - Choose language, style, and organization appropriate to particular purposes and audiences.</b>		0
<b>Outcome 1.4 - Gather information and document sources appropriately.</b>		2
<b>Outcome 1.5 - Express a main idea as a thesis, hypothesis, or other appropriate statement.</b>		1
<b>Outcome 1.6 - Develop a main idea clearly and concisely with appropriate content.</b>		1

<b>Outcome 1.7 - Demonstrate a mastery of the conventions of writing, including grammar, spelling, and mechanics.</b>	1
<b>Outcome 1.8 - Demonstrate proficiency in revision and editing.</b>	0
<b>Outcome 1.9 - Develop a personal voice in written communication.</b>	1
<b>Standard 2 - Quantitative Reasoning</b> Synthesize and articulate information using appropriate mathematical methods to solve problems of quantitative reasoning accurately and appropriately.	
<b>Outcome 2.1 - Apply numeric, graphic, and symbolic skills and other forms of quantitative reasoning accurately and appropriately.</b>	0
<b>Outcome 2.2 - Demonstrate mastery of mathematical concepts, skills, and applications, using technology when appropriate.</b>	0
<b>Outcome 2.3 - Communicate clearly and concisely the methods and results of quantitative problem solving.</b>	0
<b>Outcome 2.4 - Formulate and test hypotheses using numerical experimentation.</b>	0
<b>Outcome 2.5 - Define quantitative issues and problems, gather relevant information, analyze that information, and present results.</b>	0
<b>Outcome 2.6 - Assess the validity of statistical conclusions.</b>	0
<b>Standard 3 - Information Retrieval and Technology.</b> Access, evaluate, and utilize information effectively, ethically, and responsibly.	
<b>Outcome 3.1 - Use print and electronic information technology ethically and responsibly.</b>	1
<b>Outcome 3.2 - Demonstrate knowledge of basic vocabulary, concepts, and operations of information retrieval and technology.</b>	1
<b>Outcome 3.3 - Recognize, identify, and define an information need.</b>	0
<b>Outcome 3.4 - Access and retrieve information through print and electronic media, evaluating the accuracy and authenticity of that information.</b>	1
<b>Outcome 3.5 - Create, manage, organize, and communicate information through electronic media.</b>	1
<b>Outcome 3.6 - Recognize changing technologies and make informed choices about their appropriateness and use.</b>	0
<b>Standard 4 - Oral Communication</b> Practice ethical and responsible oral communications appropriately to a variety of audiences and purposes.	
<b>Outcome 4.1 - Identify and analyze the audience and purpose of any intended communication.</b>	3
<b>Outcome 4.2 - Gather, evaluate, select, and organize information for the communication.</b>	2
<b>Outcome 4.3 - Use language, techniques, and strategies appropriate to the audience and occasion.</b>	3
<b>Outcome 4.4 - Speak clearly and confidently, using the voice, volume, tone, and articulation appropriate to the audience and occasion.</b>	3
<b>Outcome 4.5 - Summarize, analyze, and evaluate oral communications and ask</b>	3

coherent questions as needed.		
<b>Outcome 4.6 - Use competent oral expression to initiate and sustain discussions.</b>		3
<b>Standard 5 - Critical Thinking</b> Apply critical thinking skills to effectively address the challenges and solve problems.		
<b>Outcome 5.1 - Identify and state problems, issues, arguments, and questions contained in a body of information.</b>		2
<b>Outcome 5.2 - Identify and analyze assumptions and underlying points of view relating to an issue or problem.</b>		3
<b>Outcome 5.3 - Formulate research questions that require descriptive and explanatory analyses.</b>		0
<b>Outcome 5.4 - Recognize and understand multiple modes of inquiry, including investigative methods based on observation and analysis.</b>		1
<b>Outcome 5.5 - Evaluate a problem, distinguishing between relevant and irrelevant facts, opinions, assumptions, issues, values, and biases through the use of appropriate evidence.</b>		2
<b>Outcome 5.6 - Apply problem-solving techniques and skills, including the rules of logic and logical sequence.</b>		1
<b>Outcome 5.7 - Synthesize information from various sources, drawing appropriate conclusions.</b>		2
<b>Outcome 5.8 - Communicate clearly and concisely the methods and results of logical reasoning.</b>		0
<b>Outcome 5.9 - Reflect upon and evaluate their thought processes, value system, and world views in comparison to those of others.</b>		3
<b>Standard 6 - Creativity</b> Able to express originality through a variety of forms.		
<b>Outcome 6.1: Generate responses to problems and challenges through intuition and non-linear thinking.</b>		2
<b>Outcome 6.2: Explore diverse approaches to solving a problem or addressing a challenge.</b>		3
<b>Outcome 6.3: Sustain engagement in activities without a preconceived purpose.</b>		1
<b>Outcome 6.4: Apply creative principles to discover and express new ideas.</b>		1
<b>Outcome 6.5: Demonstrate the ability to trust and follow one's instincts in the absence of external direction</b>		2
<b>Outcome 6.6: Build upon or adapt the ideas of others to create novel expressions or new solutions.</b>		3

### 33. Additional Information